

Twisted Rib Hat



This is a great quick hat for beginner and experienced knitter alike. For beginners, the twist stitch is an easy intro to cabling concepts. For experienced knitters, this is a great “busy hands” project as the stitch pattern is easy to memorize and every other row is straight knitting.

Size: Sized for a 22" head, but this pattern is quite stretchy and one size will fit most folks.

Materials: One skein BMFA Socks that Rock Medium Weight. The hat takes about half a skein.

This yarn is a heavy fingering/light sport weight yarn. You can substitute any yarn in this weight. Although it is beautiful in a solid or semi-solid colorway, hand paints are a fun contrast to the stitch pattern. Love the diagonal pooling the BMFA produced!

Needle size: 3.5mm/US 4 and 3.75mm/US 5 circular or size to reach gauge

Gauge (large needles in stockingette) 22 stitches = 4" (row gauge not critical)

Pattern:

Cast on 120 stitches on smaller needles and join, being careful not to twist knitting.

Place marker at starting point and work in k2, p2 ribbing for 1 ¾".

Change to larger needles and start in pattern (charted below).

Row 1 and all odd rows, Knit

Row 2 *LT, k4, p2* Repeat from *

Row 4 *k1, LT, k3, p2* Repeat from *

Row 6 *k2, LT, k2, p2* Repeat from *

Row 8 *k3, LT, k1, p2* Repeat from *

Row 10 *k4, LT, p2* Repeat from *

Repeat Rows 1-10 four times (five if you want a deeper hat)

Crown decreases

Row 1 and all odd rows, Knit

Row 2 *ssk, k4, p2* Repeat from *

Row 4 *ssk, k3, p2* Repeat from *

Row 6 *ssk, k2, p2* Repeat from *

Row 8 *ssk, k1, p2* Repeat from *

Row 10 *ssk, p2* Repeat from *

Row 12 *k1, p2tog* Repeat from *

Row 14 *ssk* Repeat from *

Row 16 *ssk* Repeat from *

You should have 8 stitches left. Cut yarn to 6" length and thread through remaining stitches. Pull snug to close top of cap.

Work in ends.

8	7	6	5	4	3	2	1	
●	●	LT	LT					10
								9
●	●		LT	LT				8
								7
●	●			LT	LT			6
								5
●	●				LT	LT		4
								3
●	●					LT	LT	2
								1

Abbreviations/legend

LT . LT (Left Twist) – skip next stitch and knit into back of second stitch, then knit into first stitch and remove both stitches from left needle.

ssk (slip, slip, knit) – slip the next two stitches knitwise and then knit them together.

p2tog (purl 2 together) – insert needle into the front of the next two stitches purlwise and purl them together.